Read a book	Make something for a neighbor	Help with laundry, dishes or another chore	Set up a break for your parents
Write a letter to a camp friend	Learn to do something new	Finish a task that you keep putting off from doing	Write a teacher or coach a letter
Tell a friend something that you appreciate about them	Make a meal for your family	Pick up your room without being asked	Write someone a handwritten note
Call a grandparent or other relative	Do a nice thing for a family member	Set up a game night for your family	